












Norwich to... Wymondham

Wymondham is a historic market town with plenty of cafes and other facilities, and a twin-towered abbey.

Total Distance	23 Miles
OS Map	Explorer 237 - Norwich
Last Checked	07/08/2012
Special notes	On the return route, there are two choke gates between Chapel Break Road and the Green route which are difficult to navigate on an outside bike.

Km	Miles	Km	Miles	Instruction	Aid
Total Dist.	Total Dist.	Int. Dist.	Int. Dist.		
0.0	0.0	0.0	0.0	Leave Norwich on the Blue route to Intwood and continue SO	
10.2	6.3	10.2	6.3	R at T by East Carleton Manor	
11.2	7.0	1.0	0.6	L SP Wymondham 	
14.9	9.3	3.7	2.3	L at T SP Wymondham 	
16.5	10.3	1.6	1.0	R at T	
16.7	10.4	0.2	0.1	SP at 2 x RAB crossing over dual carriageway 	
17.5	10.9	0.8	0.5	SO at RAB 	
18.2	11.3	0.7	0.4	L at T 	
18.3	11.4	0.1	0.1	R SP Town Centre 	
18.5	11.5	0.2	0.1	Arrive in Wymondham Town Centre. Cycle racks around marketplace, tourist information in Market Cross.	
				To leave Wymondham, continue in the same direction through the Town Centre	
19.3	12.0	0.8	0.5	R at Mini-RAB 	
20.1	12.5	0.8	0.5	R then immed L to cross staggered X Lt. Melton 	SP
26.7	16.6	6.6	4.1	SO at X with main road 	

28.7	17.8	2.0	1.2	L at T 	
28.8	17.9	0.1	0.1	Cross bridge then immed R 	
30.5	19.0	1.7	1.1	R at T	
31.0	19.3	0.5	0.3	at 'Three Score' sign, L onto CP and follow Green route back to City Centre	
37.0	23.0	6.0	3.7	Arrive at St Andrews plain	

To return to cringleford, turn L as indicated at 31.0, then R onto purple route and follow purple route to Cringleford and rejoin the Blue route - 4.9 K to Cringleford, further 5 K to City Centre.