

## Tandem Club International Rally 2014

Huelgoat in the heart of the Argoat

1 - Cycle to the centre of Gouarec by the Bar 'Le Lion D'Or'. Cross the main road signposted Plounevez-Quintin (D8) which you reach after 9 kms. Just follow the one way system to the right then after 100m left signposted Rostrenen. After another 75m turn left (D790).

*Plounevez Quintin is a bit of a 'through' village, but has a couple of bars for a quick coffee. The main road though is pretty busy but you're only on it for a short while.*

2 - After 1.5 km you turn right on to the D49 signposted Mael-Carhaix. After 5 kms you enter the little village of St Lubin and go straight across the crossroads signposted Mael-Carhaix. Another 4.5 km and you turn right signposted Mael-Carhaix (D23)

*Like so many roads this week this is an old main road which has been bypassed. I means it's wide with a good surface, but is quiet – it's also much faster than the cyclepath running parallel.*

3 - You get into Mael-Carhaix after another 3 1/2 km ride into the centre and continue through staying on the signposted Trebrivan (D23).

*This is a small village but has a few bars, a restaurant (closed on most Sundays) and bakers etc that will be open in the morning.*

4 - After 1 km you take the left hand fork (staying on the same road) signposted Carhaix (D 49). After 4kms turn right signposted Trefferin. Another 700m you go straight-on at the roundabout signposted Trefferin, then after 500m you reach a small left turn with an - 'ECOLE' sign – amongst others) which you turn down passing the school immediately, after 2 kms you cross the railway line and then reach the main road - cross following signs for Plounevezel. After 3 kms you reach a crossroads where you go straight on and directly into Plounevezel, then after 100m turn right signposted Poullaouen. Another 2 kms and you reach the main road where you turn right signposted Poullaouen on the D769, which you will reach after 5 kms.

*This village has bars and a small restaurant.*

5 - Continue through the village following signs for Huelgoat (D769). This road takes you down the river valley, and then crosses the river after 4 kms. After 4 kms you turn left signposted Huelgoat (D769A) and into the town after 3 kms.

*Huelgoat is a lovely little market town set by the lake with a variety of places to eat and small shops. The Thursday market is excellent.*

6 – To begin your return you retrace your steps 4 kms back to the D769 towards Poullaouen and then turn left signposted Bolazec (D114) which you reach after 13 kms. Cycle into the centre and turn right signposted Callac. After 3 kms you reach a T-junction where you turn right signposted Callac (D28) which you reach after 11 kms.

*Callac is a small market town with all the facilities a hungry/thirsty cyclist might need;-)*

7 – Just keep on straight through the town – straight-on at the traffic lights signposted Guingamp (D28) and out the other side. After 1.5 kms you reach a large roundabout and go straight across signposted St Servais, then immediately right at the next roundabout again signposted St Servais which you reach after 3.5 kms.

*Here you'll find a small bar.*

8 – Continue on the D28 out of the village and after 4 km you reach a crossroads – go straight on signposted Mael-Pestivien (D28) which you reach in 3.5 kms. Cycle past the church and turn right signposted Lanrivain (D50) which you reach (after crossing the main road) after 9 kms.

*Here is a small bar and the usual massive church...*

9 - Cycle into the centre (small bar here) past the church and follow signs for St Nicolas du Pelem (D50) out of the village. You reach St Nicolas after 7 kms.

*This is a large village with a very large supermarket (which you pass on the way out), bars, restaurants etc.*

10 – At the double roundabout take the Ver D790 sign (straight-on) then after 100m go straight-on signposted Gouarec (D5). After 500m you go straight-on at the roundabout signposted Gouarec (D5) then on past the 'Super U'. After 5 kms you reach St Trepine (lovely Church) and then another 4 kms you cross the dual-carrageway (two roundabouts) following signposts for Gouarec (D5) which you'll reach after another km.