

Tandem Club International Rally 2014

Mur de Bretagne and Lac de Gueledan

1 – At Gouarec get onto the canal towpath and cycle 3 kms to Bon Repos. Get off the path and cross the bridge to take you past the Abbaye to the main road after 500m. Here turn left then second right (now signposted for the V6 cyclepath). This climbs sharply and after 200m you turn right to get onto the V6 cyclepath to Mur-de-Bretagne. This goes all the way to Mur-de-Bretagne – crossing the main road after 1 km (just follow the V6 signs) and passing Caurel after 7 kms then into Mur after another 5 kms. The cyclepath brings you out by the old station – as you cycle to the centre just watch out for the signs to St Aignan (D35) on your right as that's how you get out of Mur.

Though there is a bar/restaurant in Caurel there is more choice in Mur-de-Bretagne (the Grande Maison will skin you for 100 Euro if you're keen;-) - and the usual shops and bakers.

2 – From Mur get onto that St Aignan road which swoops downhill to the canal after 3 kms. Cross over the canal staying straight on and after 200m turn right signposted St Aignan (D31) and into the village.

If you just keep on going here you'll get to the fascination Musee d'electricity – quirky and small-scale it's well worth a look;-)

3 – After 700m you turn left up a VERY steep hill – for many of you it'll be a push, but the advantage is that you gain a lot of height in a short time. After 1 km fork left signposted St Brigitte (C5) and this glorious little road will take you up hill and down dale through woods and tiny fields to St Brigitte after 9 kms. At the T-junction turn left into St Brigitte and after 100m you'll be at the church in the centre.

Besides the church this village has a small English-run bar and an absolutely brilliant (and very 'authentic' creperie).

4 – Turn right signposted Perrett (C201) past the church and after 100m turn right again signposted Perrett which you will reach after 3 kms.

Another tiny village with a big church and this time a bar as well.

5 – Cycle past the church and turn immediately right signposted for 'Bon Repos'. Then after 1 km turn left 90 degree turn (there's no signpost and this angle is the most distinctive part!)

Though easy to get wrong there's no panic because if you do miss the turning the road will simply take you all the way back the Bon Repos after 4 kms (nearly all downhill) so you can't get really 'lost' – you may well prefer this anyway as the alternative is quite hilly.

6 – After 2.5 kms you cross the main road signposted Plelauff (C2) which you will enter after 2 kms. At the old chapel turn right down the hill and through the village (stopping at Le Pelanne for a beer...) and reach the canal after 1 km. Here turn right and follow for 3 kms into Gouarec.