

Ynys Môn West Tour				
Stage	Total	Where	Notes	Elevation
0	0	Campsite	Leave by Botanic Garden.	177.17ft
1.23	1.23	Roundabout	Straight on. Waitrose shortly on left.	85.30ft
0.29	1.52	Roundabout	Second exit and up the hill.	45.93ft
0.71	2.23	Four Crosses Roundabout	Straight on signposted Llangefni / Pili Palas.	236.22ft
1.4	3.63	Left turn	Turn left at post box.	193.57ft
1.11	4.74	Star	Continue on Route 8 and cross bridge over A55.	223.10ft
0.34	5.08	A5 T junction	Turn right on A5 signed Gaerwen Route 8.	131.23ft
0.04	5.13	Immediately Left turn	Signposted Llandaniel Fab Route 8.	134.51ft
1.28	6.41	Llandaniel Fab	Straight on. Post office shop on left. Route 8.	193.57ft
2.34	8.75	Staggered cross roads	Straight on leaving route 8. (Half a mile up the lane on the right is a fine burial chamber.)	62.34ft
1.16	9.91	Cross Roads	Turn left.	85.30ft
0.43	10.34	Right turn.	SP Dwyran. Pass through the village.	39.37ft
1.1	11.45	T junction A4080	Turn right	13.12ft
0.24	11.69	Road bends left	Llangeinwen Chapel on corner.	22.97ft
0.86	12.55	Roundabout	Turn right contiuing on A4080. Just before the roundabout there is a good cafe at the White Lodge caravan park.	29.53ft
0.56	13.11	Niwbwrch/Newborough Cross roads.	Our route continues straight on past the White Lion. (To the left signed Llys Rhosyr a 2 mile ride leads to Newborough Dunes and Llanddwyn Island - one of the best beaches in the area.)	118.11ft
1.28	14.39	Forestry Commission Malltraeth	Turn left into car park and immediately right on cyclepath.	36.09ft
1.07	15.46	End of cyclepath	Rejoin A4080 and continue through Malltraeth. (Riverside Studios and cafe down lane to the right)	6.56ft
0.89	16.36	Left turn	Signposted Aberffraw,	137.80ft
0.49	16.85	A4080 goes sharp right	Straight on on lane. Do not go through Hermon.	183.73ft
1.07	17.92	Farm gate	Route continues to the right. Keep on the lane to the dunes.	196.85ft
2.03	19.95	Aberffraw Old Bridge	Cross into village.	13.12ft
0.09	20.04	Y Goron	Turn right by green bus shelter.	42.65ft
0.1	20.14	Llys Llewelyn	Heritage Centre and Tea Rooms. Toilets.	39.37ft
0.03	20.18	T junction A4080	Turn right signposted Malltraeth.	39.37ft
0.16	20.34	Cross roads	Turn left into lane leaving Aberffraw sign behind you. Follow the lane.	19.69ft
1.87	22.21	Railway bridge	Continue under bridge.	59.06ft
0.79	22.99	T junction	Turn right - no sign.	85.30ft
0.07	23.07	Left turn	Signed Route 8.	91.86ft
0.56	23.63	Bethel T junction	Follow route 8, Turn left then quickly right by Glantraeth Farm Cottages Sign.	167.32ft
1.56	25.19	T Junction	Turn left alongside Afon Cefni (river).	9.84ft
0.94	26.13	Bridge	Turn right over the bridge. Then turn left and follow Lon Las Cefni.	9.84ft
2.72	28.85	A5	Cross A5 and continue on cyclepath.	13.12ft
1.1	29.95	Parc Glyn Cefni Roundabout	Cross road and continue on cyclepath.	19.69ft
0.61	30.56	White Bridge	Turn right and cross river into car park for County Offices. Turn left and continue.	49.21ft
0.17	30.73	Mini Roundabout	Iceland Store on the left. Straight on passing Asda on your right. Shared cyclepath on left.	49.21ft

0.17	30.9	Mini Roundabout	Signed Benllech. Turn right off roundabout then immediately left signed The Dingle.	52.49ft
0.05	30.96	Parish Church	Pass the church gate to the left to the end of the car park and follow Lon Las Cefni signs.	52.49ft
1.37	32.33	Llyn Cefni (Lake)	Take right branch of cyclepath alongside lake.	121.39ft
0.8	33.14	End of cyclepath	T junction B5111. Turn left and then after a hundred yards sharp right.	124.67ft
0.78	33.91	Cross Roads	Straight on. Route 5 joins from the left (and is followed to Porthaethwy / Menai Bridge).	226.38ft
0.75	34.66	T junction B5110	Turn left then next right signposted Talwrn. Route 5.	209.97ft
1.19	35.85	Staggered cross roads	Turn left signposted Pentraeth. Route 5.	209.97ft
2.47	38.32	Pentraeth Junction	Turn right SP Bangor then left in front of Panton Arms SP Llansadwrn continue on B5109..	88.58ft
3.01	41.33	Grass Triangle	Turn right SP Llansadwrn then immediately left SP Route 5.	380.58ft
1.58	42.91	T junction	Turn left SP Route 5. Steep down and up.	259.19ft
0.31	43.23	T junction	At St Tegfans Church turn right.	278.87ft
0.94	44.17	T junction A545	CARE. Descend steeply to main road. Turn right then through Menai Bridge.	82.02ft
1.02	45.19	Roundabout A5	Turn left rejoining the outward route and return to campsite.	88.58ft
1.08	46.27	Finish	Phew!	173.88ft